

## JEEPLINE HANDBOOK 2017

### ENDEBESS AND KWANZA JEEPLINES.

#### TRANS-NZOIA COUNTY

Endebess and Kwanza jeepline is located in Trans-Nzoia county in the former Rift Valley Province. Trans-Nzoia is located between the Nzoia River and Mount Elgon. **Kitale** is the main town in the county located 380 km north west of Nairobi. Trans Nzoia county covers an area of 2495.5 square kilometers and borders Uganda.

The total population in the county according to the 2009 census is 575,662. The county was originally inhabited by the Kalenjin and Bukusu tribes. After independence many of the farms vacated by white settlers were bought by individuals from other ethnic groups in Kenya, making Trans Zoia a multi ethnic county.

The county is largely an agricultural area with both large scale and small scale wheat, maize and dairy farming.

#### CLIMATE AND WEATHER

Due to its situation On the slopes of mount Elgon, the area has a cool and temperate climate. Average annual temperatures ranging between a minimum of 10°C to a maximum of 27°C. The annual rainfall is ranging between 1000 and 1200mm, with the wettest months being April and October.

#### ENDEBESS SUB-COUNTY

The Endebess jeepline covers Endebess sub-county, the sub-county covers an area of 511.90sq km. with a total population estimated at 137,655 persons.

#### RELGION /CULTURE

Majority of people in Endebess sub-county are Christians. Prominent churches in the county include Anglican (A.C.K.), Roman Catholic and Presbyterians. Islam and Hinduism are also minimally professed mostly in major towns.

The indigenous Sabaot tribe is traditionally pastoralists. They believed that their god lived in elevated places where they couldn't reach such as on top of Mount Elgon or up in the sky.

#### KWANZA SUB-COUNTY

The Kwanza jeepline covers Kwanza sub-county, the sub-county covers an area of 466.90sq km. with a total population estimated at 243,977 persons (projection form the 2009 census)

#### RELGION /CULTURE

Majority of people in Kwanza sub-county are Christians. Prominent churches in the county include Anglican (A.C.K.), Roman Catholic and Presbyterians. Islam and Hinduism are also minimally professed mostly around major towns.

The Kwanza region has mixed tribes, the tribes include the Sabao, The Kisii, the Bukusu, some Turkana. Many tribes from other parts of Kenya settled here since they were used as laborers in the big farms owned by the white and rich Africans.

## KITALE TOWN

The doctors' house for both jeeps is situated in Kitale town, which is located between Mt. Elgon and Cherangany Hills. It is the largest town and Trans Nzoia's administrative capital. The town is home to over 220,000 people.

## PLACES OF INTEREST

Most outstanding places of interest include:

- Mount Elgon National Park is located approximately 11 kilometers from Kitale town.
- Saiwa Swamp National Park is located some 27 kilometers from Kitale town.
- Kitale Museum, located in the heart of Kitale town.

## ACCOMMODATION

There are many guest houses and hotels in the town including: Alakara Hotel, Vision Gate Hotel and Mid Africa Hotel.

Others are located out of town such as Lokitela Farm Hotel near Mt. Elgon National Park, Elgon View Resort and Swara Resort club located off Kwanza, Skynest County Hotel and Hotel Aturukan all located off the Kapenguria-Lodwar road.

## BANK/SHOPPING

Barclays Bank, Diamond Trust Bank, Cooperative Bank, Standard Chartered Bank, Kenya Commercial Bank (K.C.B), National Bank of Kenya and Equity Bank are present. There are many supermarkets, including Khetia supermarkets, Suam Supermarket, Trans Mattresses supermarket, Nakumatt Supermarket, Tuskys Supermarket.

## TRAVEL

The doctors will fly from Nairobi to Eldoret which is 83 km from Kitale. There is also an airstrip in Kitale, but it is only frequented by a small company and the schedule does not fit with the flights coming in from Europe. Kitale is 176 km from Kisumu and that is about a three hours drive. A better road is though being built, so it might be shorter in the future.

## DOCTORS HOUSE

The Doctors house in Kitale town, in Miliman area about 4 km from Kitale town center. The house is situated in a beautiful rural area, has a wonderful garden well kept by Fred, the guard and gardener.

The house has one big living room, very light with many windows, a modern kitchen with both gas and electric stove and a big refrigerator with a freezer placed in the dining room. Ruth Jelagat is the house keeper and is responsible for cleaning, cooking and laundry. There are three bedroom, but no double bed. The rooms are nice with big windows. It can be rather cold during the nights, around 10C degrees so a nice warm pyjamas is needed. Not many mosquitoes and malaria is rather rare in this area. There are two toilets and two showers and the water is of good quality. The electricity works almost all the time. The internet does work in the house, but not for films or TV programmes. To use the local telephone is no problem. Do though remember that infrastructure in Kenya is not totally reliable, electricity, internet and water can have interruptions, this is part of working in a country like Kenya.

Kitale has around 100.000 inhabitants who are spread in a larger area. It is a busy town with a lot of energy and it is an agriculture centre. From the city you see the wonderful Mount Elgon close to the Ugandan border. It is in that area that our clinics are situated. Kitale is a very nice town and you can buy whatever you want from the big stores in town. The people are very friendly, helpful and easy to get in contact with.

So, welcome to Kitale-Endebess, you will not be disappointed.

#### **THE ENDEBESS JEEPLINE CLINICS.**

<b>CLINIC DAY</b>	<b>CLINIC</b>	<b>CLINIC HOUSE</b>	<b>km</b>	<b>Road</b>
<b>Monday</b>	<b>Salama</b>	Old European house(to be a dispensary)	<b>44</b>	Can be tricky during rains
<b>Tuesday</b>	<b>Khalwenge</b>	CDF dispensary	<b>30</b>	Good
<b>Wednesday</b>	<b>Molem</b>	A church	<b>35</b>	Good
<b>Thursdays</b>	<b>Robinson</b>	Chiefs Camp	<b>48</b>	Can be tricky during rains
<b>Friday</b>	<b>Nabeki</b>	CDF dispensary	<b>43</b>	Can be tricky during rains

The jeepline team in place consists of:

No	Name	Postion	Duties
1.	Faith Nafula Juma	Team Leader/ Nurse. Works for both jeeplines in Kitale	<ol style="list-style-type: none"> <li>1. Stands for continuity.</li> <li>2. Link between RDS, community, GOK</li> <li>3. Link to the DMOH</li> <li>4. Organizes the days work and follows up clinic issues.</li> <li>5. Writing monthly report of the above to the GOK.</li> <li>6. Assist the doctor in case of many pts.</li> </ol> <p>Team leader.</p>

2	Being recruited	Lab technologist.	<ol style="list-style-type: none"> <li>1. Blood Smear for malaria</li> <li>2. Hiv testing and counseling.</li> <li>3. Urinalysis</li> <li>4. Random Blood sugar test</li> <li>5. Pregnancy test</li> <li>6. Helping the doctors in result interpretation</li> <li>7. Hemoglobin test</li> <li>8. Writing monthly laboratory reports.</li> </ol>
3	Christine Chesoli	Pharmacist	<ol style="list-style-type: none"> <li>1. Maintaining drugs flow.</li> <li>2. Maintaining the pharmacy</li> <li>3. Dispensing drugs</li> <li>4. Keeping the drugs registers</li> <li>5. Compile drugs orders.</li> <li>6. Advice the doctor on available drugs in stock</li> </ol>
4	Seconded Nurse from the government	Nurse	<ol style="list-style-type: none"> <li>1. Immunization</li> <li>2. Antenatal care</li> <li>3. Family Planning</li> <li>4. Link to the DMOH</li> <li>5. Writing monthly report of the above to the GOK.</li> <li>6. Assist the doctor in case of many pts.</li> </ol>

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<b><i>Monday</i></b>	<b><i>Salama</i></b>	Old European house(to be a dispensary)	<b><i>44</i></b>	Can be tricky during rains
<b><i>Tuesday</i></b>	<b><i>Khalwenge</i></b>	CDF dispensary	<b><i>30</i></b>	Good
<b><i>Wednesday</i></b>	<b><i>Molem</i></b>	A church	<b><i>35</i></b>	Good
<b><i>Thursdays</i></b>	<b><i>Robinson</i></b>	Chiefs Camp	<b><i>48</i></b>	Can be tricky during rains
<b><i>Friday</i></b>	<b><i>Nabeki</i></b>	CDF dispensary	<b><i>43</i></b>	Can be tricky during rains

### **THE KWANZA JEEPLINE**

The jeepline team in place consists of:

No	Name	Postion	Duties
1	Faith Nafula Juma	Team Leader/ Nurse. Works for both jeeplines in Kitale	<ol style="list-style-type: none"> <li>1. Stands for continuity.</li> <li>2. Link between RDS, community, GOK</li> <li>3. Link to the DMOH</li> <li>4. Organizes the days work and follows up clinic issues.</li> <li>5. Writing monthly report of the above to the GOK.</li> <li>6. Assist the doctor in case of many pts.</li> </ol>

			Team leader.
2	Gilian Musungu Atswenge.	Lab technologist.	<ol style="list-style-type: none"> <li>1. Blood Smear for malaria</li> <li>2. Hiv testing and counseling.</li> <li>3. Urinalysis</li> <li>4. Random Blood sugar test</li> <li>5. Pregnancy test</li> <li>6. Helping the doctors in result interpretation</li> <li>7. Hemoglobin test</li> <li>8. Writing monthly laboratory reports.</li> </ol>
3	Tom Simiyu Masika	Pharmacist	<ol style="list-style-type: none"> <li>1. Maintaining drugs flow.</li> <li>2. Maintaining the pharmacy</li> <li>3. Dispensing drugs</li> <li>4. Keeping the drugs registers</li> <li>5. Compile drugs orders.</li> <li>6. Advice the doctor on available drugs in stock.</li> <li>7. Also the driver.</li> </ol>
4	Secoded Nurse from the government	Nurse	<ol style="list-style-type: none"> <li>1. Immunization</li> <li>2. Antenatal care</li> <li>3. Family Planning</li> <li>4. Link to the SCMOH</li> <li>5. Writing monthly report of the above to the GOK.</li> <li>6. Assist the doctor in case of many pts.</li> </ol>

**THE KWANZA JEEPLINE CLINICS.**

<b>CLINIC DAY</b>	<b>CLINIC</b>	<b>CLINIC HOUSE</b>	<b>km</b>	<b>Road</b>
<i>Monday</i>	<i>St. Emanuel</i>	Church, in a slum	<b>7</b>	Good
<i>Tuesday</i>	<i>Karaus</i>	CDF dispensary building.	<b>31</b>	Good
<i>Wednesday</i>	<i>Soymining</i>	CDF Dispensary building	<b>25</b>	Can be tricky during rains, the last part.
<i>Thurdays</i>	<i>Umoja Center</i>	In a church	<b>27</b>	Good
<i>Friday</i>	<i>Marinda</i>	CDF dispensary building	<b>30</b>	<i>Good.</i>