

# **THE ROTARY DOCTORS SWEDEN – KENYA.**

**BY:**

**JACINTA KARIMI**

# BRIEF INTRODUCTION



- Situated in East Africa.
- Has a population of about 54 million(2019 census)
- Has 47 tribes.
- Administratively divide into 2 levels.
- The National Government and County government.
- We have 47 counties – headed by a governor that is elected.



# JEEPLINE (Mother and Child Health on Wheels)

- Reaches out to the hard to reach and vulnerable community with preventive health care services in a jeep .





# MCH ON WHEEL SERVICES

## IMMUNIZATION:

**AIM:** To ensure children are immunized against communicable diseases at the right time

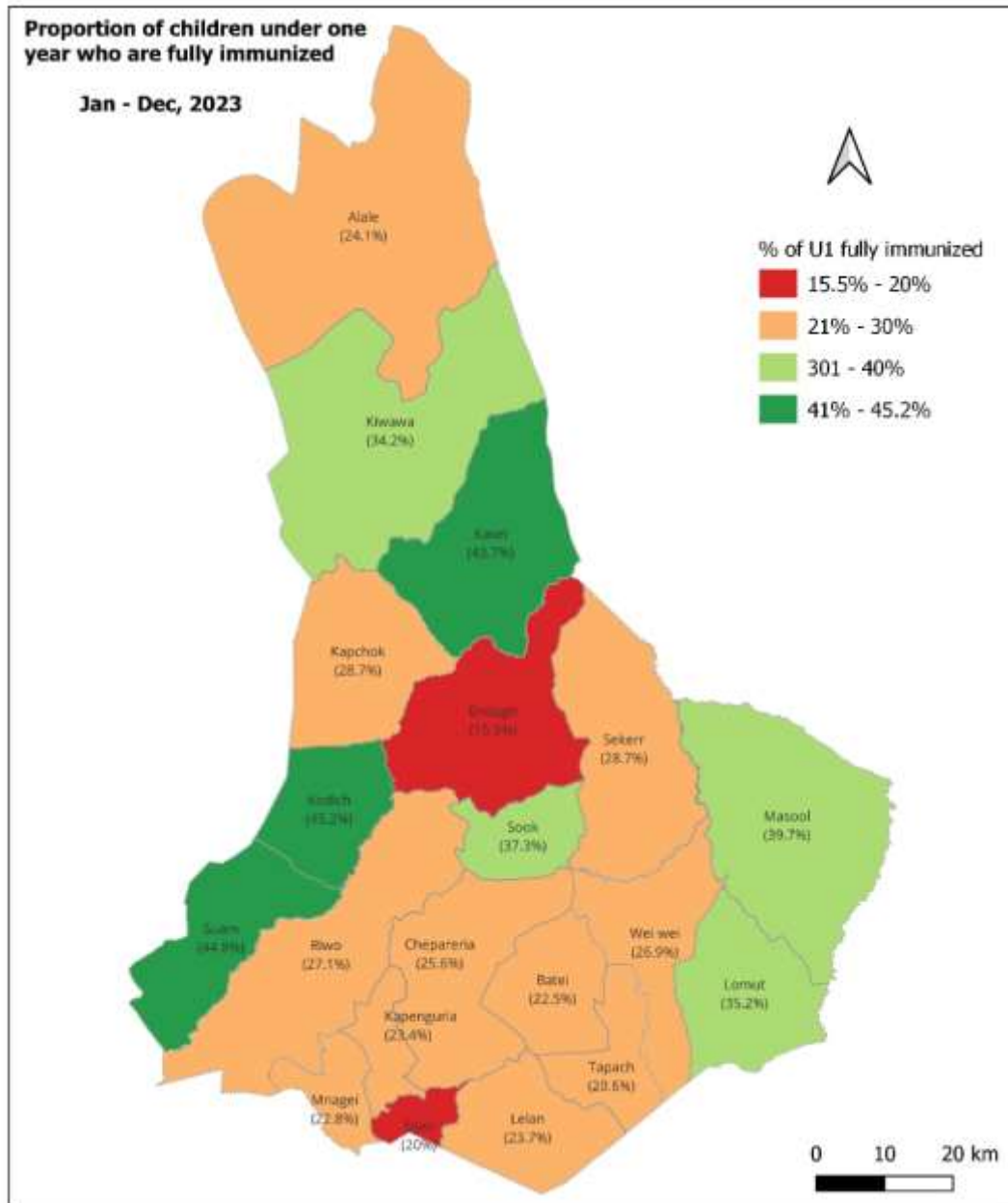


## ANTENATAL CARE:

**AIM:** Promote and protect the health of women and unborn child during pregnancy and achieve at the end of pregnancy healthy baby and healthy mother.



# Immunization coverage West Pokot



- National immunization coverage Dec 2023 was at 80%
- **Dark green areas, highest coverage – that is where Rotary Doctors is working**
- Sept 2024, five new cases of polio reported in Kenya and 4 cases from Turkana border county to West Pokot.



# MCH ON WHEEL SERVICES

## FAMILY PLANNING:

**AIM:** Increase access and usage of reproductive health services



## HEALTH EDUCATION:

**AIM:** Increase community awareness on preventive and promotive health services through health education at the community level and households.





# MCH ON WHEEL SERVICES

## NUTRITION ASSESSMENT:

**AIM: Monitor growth and development of children under five**





# MCH ON WHEEL SERVICES

## MALNUTRITION:

**AIM:** Identify, treat and educate on food and nutrition for children

**Done when many cases are reported in the jeep clinic.**

- **2 % of children under five in West Pokot county have severe malnutrition.**
  
- **35 % of the children under five years in West Pokot county have chronic malnutrition (Stunted growth)**

Smart survey June 2024  
Health Authorities





# WATER PROJECTS

**AIM:** To increase access to clean and safe water in the community



**From 2011 Rotary Doctors/Rotary Clubs have done:**

- 102 wells
- 143 protected springs



# WATER PROJECTS

Challenge in West Pokot – dry area, water table low

Possible solutions:

- Drilled wells
- Watertanks to save rain water
- Pipe from springs in mountain to village



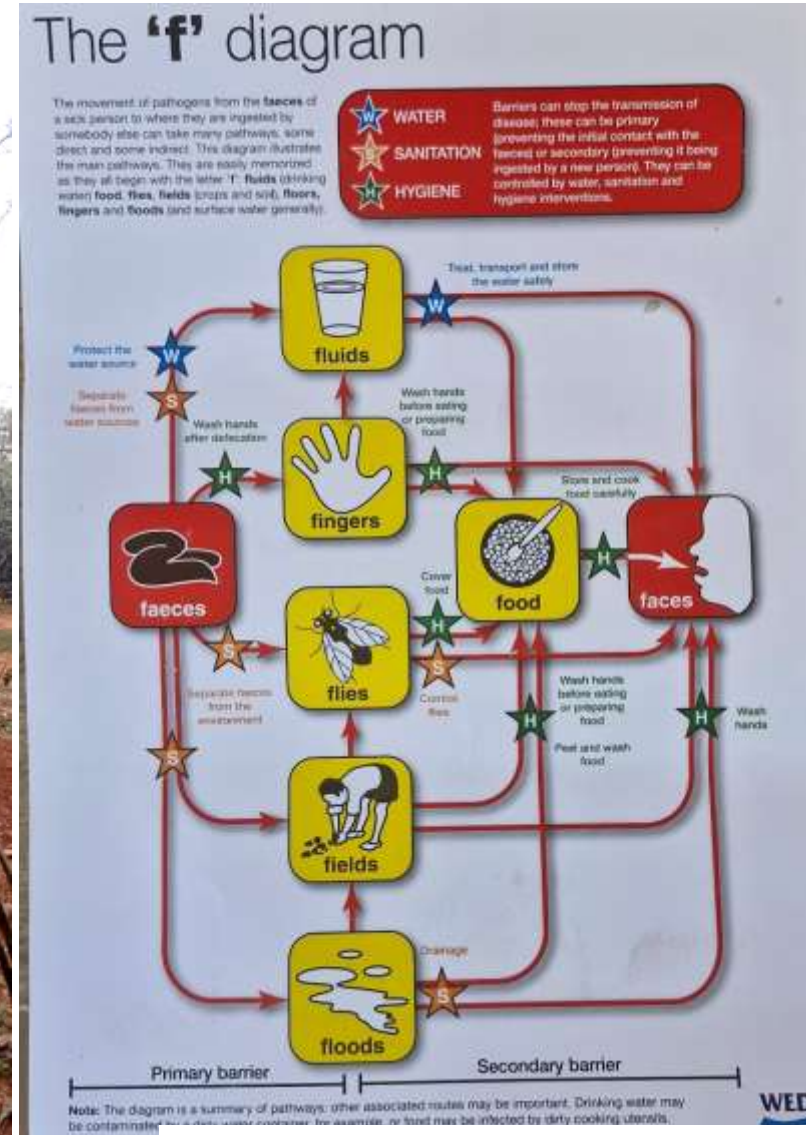
One drilled well done

Providing 320 families and 574 school children with accessible clean and safe water.



# LATRINE PROJECT( COMMUNITY LED TOTAL SANITATION)

**Aim: Increase toilet coverage, use and eliminate open defecation leading to reduction in water and sanitation related diseases hence a healthy and wealthy community.**





# LATRINE PROJECT



**Evaluation has shown:  
Decrease by 75-90 % in water-related illnesses**



# ADVOCACY CHANGE PROJECTS

**AIM:** To advocate for positive behavior change in the community towards abandonment of this harmful traditional practices



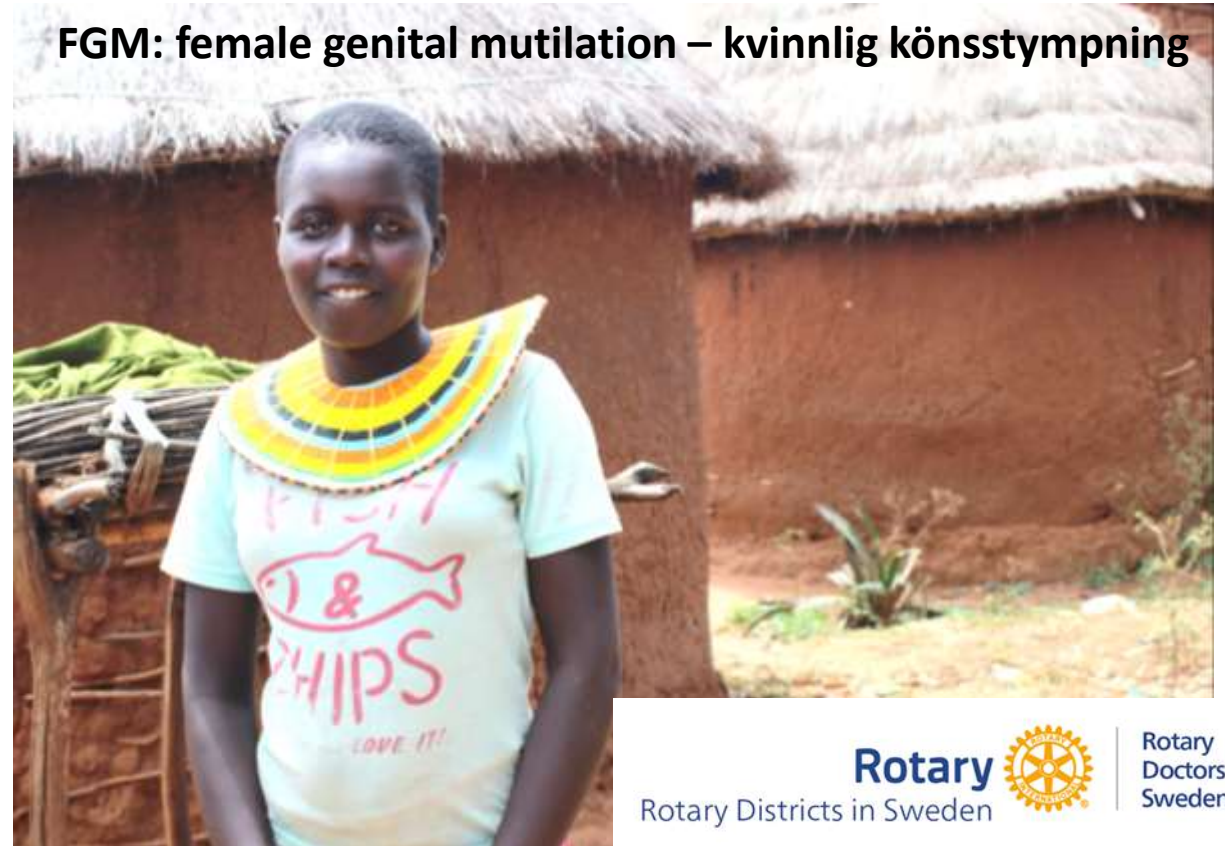
## NATIONAL RATES 2022

- FGM RATE 15%
- TEENAGE PREGNANCY - 15%
- FAMILY PLANNING USAGE 58%

## WEST POKOT RATES 2022

- FGM RATE 44%
- TEENAGE PREGNANCY- 36%
- FAMILY PLANNING USAGE -17%

**FGM: female genital mutilation – kvinnlig könsstympning**





# ADVOCACY CHANGE PROJECTS - Strategy:



Community entry meetings with local leaders



Formation of change groups, women, men, girls and boys



Training / sensitization of change groups



Community sensitization by the change groups



## ADVOCACY CHANGE PROJECTS - Key areas of focus:

- No to FGM.
- No to forced child marriage.
- Right to reproductive health services access.
- Right to education.
- Right to be heard.
- Right to access government services.
- Alternative right of passage for girls-celebrating girls transiting to secondary school.





# STOPP TEENAGE PREGNANCIES

**AIM: Advocating against teenage pregnancy and promoting education by training and using teenage boys and girls as peer to peer mentors in the community to able to reduce cases of teenage pregnancies in the community.**

**National teenage pregnancy rate 15% - West Pokot 36%**

## FOCUS AREAS :

- Body anatomy - growth and development
- Physiological body changes in teenage boys and girls.
- Menstruation and menstrual hygiene.
- Sex and sexuality
- Dangers of teenage pregnancy





# STOPP TEENAGE PREGNANCIES

## Training of teenagers-Change agents in schools

- The current project has:
  - 140 teenagers
  - 14 mentors
  - 7 schools
  - 20 teenagers per group, 12 girls, 8 boys





# CHANGE PROJECT OUTCOMES

- Increase in women rights to access reproductive services.
- Increase in women voice in the society where they active development role.
- Reduction in FGM cases from 78 %-15 % in areas with change project
- Reduction in forced child marriage and teenage pregnancy
- Increased girl child enrolment and transition to secondary and higher levels of learning.





**THANK YOU**